


Pleasant Hill CUSD #3 – May 2017 Cafeteria Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Donut, Cereal, Fruit, Milk & Juice Chicken Fajita w/soft shell, Salsa, Corn, Lettuce & Cheese, Fruit & Milk	2 Cereal, Toast, Fruit, Milk & Juice Goulash, Mixed Salad, Breadstick, Fruit & Milk	3 Cinnamon Roll, Cereal, Fruit, Milk & Juice Pork & Gravy, Whipped Potatoes, Carrots, Fruit & Milk	4 Cereal, Toast, Fruit, Milk & Juice Hamburger w/Bun, Oven Fries, Fruit, Cookie & Milk	5 Scrambled Eggs, Cereal, Toast, Fruit, Milk & Juice Cheese Pizza, Celery w/Sun Butter, Corn, Fruit & Milk
8 Pancakes, Cereal, Fruit, Milk & Juice BBQ Chicken w/Bun, Corn, Carrots & Dip, Fruit & Milk	9 Cereal, Toast, Fruit, Milk & Juice Turkey Taco w/Soft Shell, Cheese & Lettuce, Corn, Fruit & Milk	10 Scrambled Eggs, Cereal, Toast, Fruit, Milk & Juice Tenderloin w/Bun, Chips, Peas, Fruit & Milk	11 Cereal, Toast, Fruit, Milk & Juice Sausage Pizza, Mixed Salad, Fruit & Milk	12 Cinnamon Roll, Cereal, Fruit, Milk & Juice Fish w/Bun, Baked Beans, Chips, Fruit & Milk
15 Flapstick, Cereal, Fruit, Milk & Juice Chicken Fajita w/Soft Shell, Lettuce & Cheese, Corn, Fruit, & Milk	16 Cereal, Toast, Fruit, Milk & Juice Macaroni w/Meat Sauce, Mixed Salad, Bread Stick, Fruit & Milk	17 Sausage Gravy & Biscuit, Cereal, Fruit, Milk & Juice Nachos w/Cheese Sauce, Salsa, Carrots, Fruit & Milk	18 Cereal, Toast, Fruit, Milk & Juice Burrito, Corn, Salsa, Fruit & Milk	19 Donut, Cereal, Fruit, Milk & Juice Turkey Taco w/Soft Shell, Green Beans, Lettuce & Cheese, Fruit & Milk
22 Flapstick, Cereal, Fruit, Milk & Juice SACK Lunch: Ham Sandwich, Chips, Baby Carrots, Fruit & Milk	23 CONGRATS TO ALL 2017 GRADUATES	24 	25 	26 